

Every mums wish is at...



Full of Beans

14 Carwar Ave
Carss Park
9546 4999

We are 
CARSS PARK

ISSUE 1 MAY 2011

Locals supporting locals... FEATURE ARTICLE

Dear Reader,

Your local small business shopping village is dedicated to giving back to the community with positive acts of love and generosity.

Each issue, we will endeavour to support a particular group, organisation or individual in our community with a donation from the collective participating shops and your kind support of them.

We also strive to encourage them and highlight their good works.

Coinciding with Mothers Day, we have dedicated this issue to a well deserving mother in Carss Park.

Rhonda Mangan is well known to John at The Chemist Shop and surrounding businesses.

John says that "Rhonda is such a loving and selfless mother, who not only looks after a special needs

child, but due to her loving heart and kind nature, has also adopted a beautiful girl Jamica, who has become a flourishing bubbly little ball of joy".

We would like to make this edition's donation to Rhonda to treat herself as our local champion mother and say 'thank you' to her, as to all the mothers for the great love and dedication they show.



John the chemist presents cheque to special mother, Rhonda Mangan.



the best place for ladies who love golf and want to look fabulous!

IV PLAY LADIES GOLF

'the feel of a golf shop within a boutique'

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ALL BRANDS
AVAILABLE
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new styles
new ideas!*

GRAND OPENING
Wednesday April 27th
with some great ideas for Mothers Day!
9 Carwar Avenue CARSS PARK | 9546 8688

GARDNER
HAIR DESIGN

Colour Sync *Do you have it?*

Have you ever wondered why, when you put a particular item of clothing on, it can lift your spirits immediately, people comment on how great you look and you feel a million dollars?

Chances are you were in complete "COLOUR SYNC".

Ever wondered what's happened when you've taken a picture of a hair colour to your hairdresser asked for that colour, it's been achieved, but... it doesn't quite look right. Chances are your colourist WASN'T working with "COLOUR SYNC" as their background base of knowledge before starting a consultation with you.

There are many skilled colourists. Let's face it, most hairdressers can apply colour and foils quite well, but only a select few colourists work within the principles of "COLOUR SYNC" and get your look 100% spot on.

During May ½hr COLOUR SYNC consultations are FREE (Normal price \$69)

You will learn

- The Value, Intensity & Temperature of your skin tone and natural hair colour & how this influences hair colour selection and application techniques
- How age affects your hair colour selection
- How to emphasise your best features with colour and receive lots of compliments from family and friends
- How Gardner's can guide you from where your hair colour is now to where it could be with the "COLOUR SYNC" principles applied

Conditions apply: Credit card number required upon booking.

Cancellation fee of \$69 charged if appointment is cancelled within 24 hours.

special offer

**Buy 2 Keratin
get 2 Free***

* Must be used with 18 months of purchase.
Cannot be used with any other promotion.

GARDNER HAIR DESIGN
7 CARWAR AVE. CARSS PARK
PHONE 9546 7099
www.gardner-hair.com.au



PAMPERED
AT CARSS PARK

In conjunction with Gardner Hair Design...

pick me up package **\$120**

- pick me up facial
- eyelash tint
- eyebrow shape
- naked spray tan
- wash and blow dry at Gardner Hair Design (located next door)

3 plus 3 facial deal

purchase 3 facials and receive 3 facials FREE*

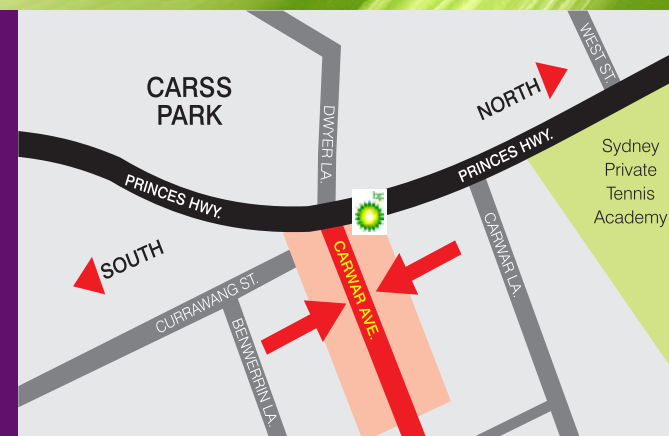
stockists of Thalgo, Indio, m.d formulations, Priori & Ecoya

*3 facials must be paid for upfront, with minimum spend of 3 traditional facials. All 6 facials must be used within a 6 month period. Not transferable for any product.

5A Carwar Ave. Carss Park NSW 2221 | 9547 1141

directory

THE BOTTLE-O	9546 6711
BP SERVICE STATION	9546 5585
CARSS PARK FINEST MEATS	9546 3138
THE CHEMIST SHOP	9546 1138
IV PLAY LADIES GOLF	9546 8688
FULL OF BEANS	9546 4999
GARDNER HAIR DESIGN	9546 7099
LA VERA PIZZA	9547 1990
MINUTE SUPERMARKET	9546 2485
NEWSAGENCY	9546 1385
PAMPERED AT CARSS PARK	9547 1141
PASTIZZI DELICATESSEN	9547 3571





16 Carwar Ave.
Carss Park
9546 1138



SUPPORT YOUR LOCAL

OPEN 8am DAILY

IN EXCHANGE FOR YOUR LOYALTY, WE WILL MATCH ANY ADVERTISED PRESCRIPTION PRICE!

Blackmores Pregnancy and Breastfeeding 60 Capsules was \$23.95 now \$19.95	Blackmores Morning Sickness Formula 90 Tablets was \$14.95 now \$10.95	Blackmores Omega Daily 90 Capsules was \$24.95 now \$21.95	Ostelin Vitamin D 130 Capsules was \$25.95 now \$19.99
Blackmores Ginkgo Forte 60 Tablets was \$29.95 now \$24.95	Blackmores Silica Compound 84 Tablets was \$11.95 now \$9.95	Ostelin Vitamin D 60 Capsules was \$12.95 now \$9.99	Caltrate Plus 100 Tablets was \$15.95 now \$10.99

free delivery and pick-up
free blood pressure checks
free prescription reminder service (sms)
free pharmacist advice and online support
seniors discounts
weekly medication packing
efficient, friendly and personal care

Mon - Fri 8am to 7pm
Saturdays 8am to 2pm

more great offers & services in-store including Darrell Lea and \$1 greeting cards



John Bechaye
B.Pharm M.P.S. J.P.









we are
CARSS PARK



the Bottle-O®

Real Locals, Real Value.

Support your local.

Great value prices everyday and keen specials.

For Mum
Prices valid to Mothers Day, May 8

Baileys 700ml
\$21.90
save \$10

Piper Heidsieck Champagne
\$39.99
save \$10

Tooheys Extra Dry 6-pack for Dad
only \$12!
SUPER HOT PRICE

with every purchase go into the draw to win a **Bath Tub Cooler valued at \$290!**
Prize drawn 28/05/11. NSW Permit No. LTPS1111150.

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Order by 1pm for same day (except weekends)

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3 Carwar Ave. CARSS PARK phone 9546 6711	81 Hillcrest Ave. HURSTVILLE GROVE phone 9580 4464	79 Mulga Rd. OATLEY WEST phone 9580 1767
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Bone Density Testing

At The Chemist Shop Carss Park

Find out how weak or strong your bones are before they break



Don't crumble

Osteoporosis means bones are thin fragile & break easily. It's largely preventable & treatable. Osteoporosis is not something that happens suddenly 'overnight' when you are 70. It can affect people of all ages because bone deterioration can progress slowly over many years without your knowledge until a fracture occurs. Regardless of your age it's never too early or too late to keep bones healthy or minimise further bone loss.

check bone density every 2 years more information at www.bonedensitytesting.com.au PH 1800 640 544

Begin with an ultrasound Bone Density Test. Cost just \$40. Each person receives a written result and information about the importance of calcium, vitamin D and exercise. Beneficial for adults of all ages, assess your risk today and plan for a strong tomorrow. Book your test now at The Chemist Shop Carss Park Phone 9546 1138

10 Carwar Ave. Carss Park NSW 2221
Phone: 02 9547 1990

La Vera
CARSS PARK PIZZA



Present this coupon for a **10% discount** on any total purchase*

*Valid till May 22 2011. Pick-up only.

10 Carwar Ave. Carss Park Phone: 02 9547 1990